



**Afghanistan's 1st LMS for English
Learning**

(Mid and Advanced Level)

Speaking Practice Session

پلتفرم جامع آموزشی

سیستم مدیریت آموزش (LMS)

مواد آموزشی

کتاب‌ها، پی‌دی‌اف‌ها، صدا، ویدیو

درس‌های تعاملی

خواندن، شنیدن، نوشتن

آزمون‌ها و تمرین‌ها

دانش خود را آزمایش کنید

پیگیری پیشرفت

تصدیق نامه‌ها

درس‌های ویدیویی هوش مصنوعی

به زبان‌های انگلیسی، پشتو و دری

دسترسی ۲۴/۷

هر زمان، هر جا یاد بگیرید

جلسات زنده

مربیگری مستقیم و فعالیت‌های تعاملی

با استاد آریانا، استاد شاپسته و شاگردان دیگر در نقش‌آفرینی‌ها، سناریوها و بحث‌ها برای تمرین انگلیسی شرکت کنید.

تمرین‌های عملی و بهبود فوری

تشریح تصاویر، خواندن با صدای بلند، یادگیری لغات جدید و اصلاح تلفظ برای تقویت فصاحت، اعتماد به نفس و مهارت‌های گفتاری



Sami Meets His Friend at the Park

Present Continuous (talking about
actions happening now)





Tongue Twister (5 min)

Sami and Farid are sitting silently, sipping sweet green tea.

i Trainer Demo:

- Say it slowly first, then increase speed.
- Repeat 3 times.

Topic Talk

Today we're talking about **Sami and Farid**. They are **at the park**. Sami is **walking**, and Farid is **reading a book**. When we describe what people are doing right now, we use the **Present Continuous**. For example, I am talking to you. You are listening to me.

①

1. What are you doing now?
2. What are people doing in the park?
3. What do you usually see people doing on Fridays in Afghanistan?



Check [EnglishOnline.af](https://www.englishonline.af) for more slides, books, videos, and quizzes.



Grammar Focus

Form:

- Subject + am/is/are + verb + ing

Examples:

1. Sami **is walking** to the park.
2. Farid **is reading** a book.
3. They **are drinking** tea.





Role Play (15 min)

Purpose: Real-world communication practice.

Trainer + Student Demo Dialogue (2-3 min)

Student + Student Practice (5-8 min)

- Sami: What are you doing, Farid?
- Farid: I'm reading a football book.
- Sami: That's great! I'm walking and enjoying the fresh air.

Visual Practice (10 min)

Look, Think & Speak

Trainer Demo

This is Sami. He **is walking** to his friend.

i Students describe pictures

1



2



3



Reading Aloud (8-10 min)

Sami goes to the park on Friday afternoon. The weather is sunny. He is walking slowly and is enjoying the green trees. Farid is sitting on a bench and is reading a football book. Sami smiles and waves. They are talking and are drinking green tea from a thermos. Later, they are playing football and are laughing together. The sun is setting, and the sky is turning orange. They are feeling happy and peaceful.

Comprehension questions

1. What is Farid doing?
2. What are Sami and Farid drinking?
3. What color is the sky at the end?

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Vocabulary

| English Word | Pronunciation (IPA / Dari transliteration) | Dari | Pashto | Example Sentence |
|--------------|--|--------|--------|---------------------------------------|
| park | /pa:rk/ (پارک) | پارک | پارک | Sami is walking in the park. |
| bench | /bentʃ/ (بنچ) | چوکى | چوکى | Farid is sitting on the bench. |
| thermos | /θɜ:.məʃ/ (ترموس) | ترموس | ترموس | They are drinking tea from a thermos. |
| football | /fʊt.bɔ:l/ (فوتبال) | فوتبال | فتبال | They are playing football. |
| peaceful | /pi:s.fəl/ (آرام) | آرام | ارام | The park is peaceful and green. |

✔ You can also check our [EnglishOnline.af](https://www.EnglishOnline.af) — it's a practical way to keep learning every day.

Live Placement Test

امتحان تثبیت سویه

| # | Level | Recommended Course | برنامه های آموزشی |
|---|----------------|--|--|
| 1 | Pre-A / Pre-A1 | NOVA Pre-Starter (DEL 1 Year program) | آماده گی - سطح صفری (برنامه یکساله) |
| 2 | A1 | NOVA 1 (DEL 1 Year program) | نوا 1 (برنامه یکساله) |
| 3 | A1-A2 | NOVA 2 (DEL 1 Year program) | نوا 2 (برنامه یکساله) |
| 4 | A1-A2 | NOVA 3 (DEL 1 Year program) | نوا 3 (برنامه یکساله) |
| 5 | A2-B1 | Walk & Talk Beginner (SS, 1 month) | سطح ابتدایی برنامه محاوره (سپیشل سپیکنگ) |
| 6 | B1-B2 | Walk & Talk Intermediate (SS, 1 month) | سطح متوسط برنامه محاوره (سپیشل سپیکنگ) |
| 7 | C1-C2 | Walk & Talk Advanced (SS, 1 month) | سطح پیشرفته برنامه محاوره (سپیشل سپیکنگ) |
| 8 | C1-C2 | Teacher Training (TEFL, 2 month) | برنامه حرفه ای تربیه معلم زبان انگلیسی |

Please Note down your level and recommended course,
Then message Ms. Tamana Faramarz (number in chat) for on-boarding and help.





EnglishOnline.af

Wrap up

Excellent work tonight, everyone.

برای ثبت نام و معلومات مزید به بانو تمنا فرامرز تماس
گیرید: <https://wa.me/93771234047>



Ready to take your English to the next level? Join us at
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communication today!